

Sports Information, Con't

See Code of Behavior for Extracurricular Activities. A specific, detailed code directed to athletics is also given out each season.

Physicals

New York State law requires that a student have a physical each year in order to participate in sports.

The school arranges physical exam dates before each season. These are announced over the PA system, posted on the bulletin board of the Athletic Director's office, and listed in the newspaper. If a student does not attend the school physical, they must get one from their doctor. Forms to be filled out are available in the nurse's office or in the Main Office. This must be given to the nurse prior to the first practice. One physical exam per school year is sufficient for all sports that school year. A physical exam is good for twelve months from the date acquired.

Practices

Practice times and sites may vary. Depending on the season they may be inside or outside. We have practice sites that are off school property.

Practices are rotated to different locations to allow each team to practice where they play. Time slots vary so that teams are not always practicing late. Other factors include schedules, cancellations, school functions, and requests from other groups for facility use. Please note that due to ice time, practices for ice hockey may be scheduled before the official start of the school day.

Weekly schedules are given to coaches for distribution to athletes, and are posted on a **bulletin board** outside the athletic office.

Athletic Contest Sites

Updated information may be found on the Homer CSD website (www.homercentral.org) or by calling the athletic office.

Intramurals

Intramurals are posted and announced in each building and Physical Education classes.

P.E. teachers organize and supervise Intramurals. This is open to all students and is recreational.

NCAA Eligibility

Information on NCAA Eligibility is available in the Athletic Director's office or Guidance office. See page 12 for details.

Athletic Information

Schedules, contest sites, Section III regulations are all available on the HSCD Web Site: www.homercentral.org/sports

Athletes who participate in athletic activities should recognize that they have an obligations to themselves, their co-participants and the school community to strive for excellence. It is hoped that participation in our program will enable the athletes to value their learning experiences, instill self-discipline and self-control and exercise mature behavior and judgment.

Interscholastic Sports Career— This includes all interscholastic sports in grades 7-12. A students' violation record shall start clean when they enter the 7th and 9th grades.

Risk of Injury—Participation in athletic activities creates risk of injury. Injuries can range from minor to very serious, including paralysis or even death. Contact sports normally carry the highest risk of serious injury. Homer Central School is committed to providing facilities, equipment and coach/supervision that will make this participation as injury-free as possible.

Extra/Co-curricular Activity Code

Extra/Co-curricular- All extra/co-curricular-school activities (membership in which is a student choice) not related to the activities of a credit bearing class.

Students who participate in extracurricular activities should recognize that they have an obligation to themselves, their co-participants, and the school community to strive for excellence. It is hoped that participation in our programs will enable the students to value their learning experiences, instill self-discipline and self-control, and to exercise mature behavior and judgment. Students who participate in extracurricular activities should recognize that they have an obligation to themselves, their co-participants, and the school community, to strive for excellence. It is hoped that participation in our programs will enable the students to value their learning experiences, instill self-discipline and self-control and to exercise mature behavior and judgment.

To encourage the development of the above, participants are expected to adhere to the following general rules.

Academics:

The mission of the Homer Central School District is high academic standards for students. Extra Interscholastic athletics are an integral part of the education program at Homer. Our students must realize that the academic and Co-Curricular programs both strive to achieve this mission. The following Academic Eligibility Policy is established to insure that the District's mission is being met.

- 1) Academic eligibility rules apply during the respective activity/sport season.
- 2) Eligibility will be based on the work of the student for the five-week period prior to participation and reviewed at each five week report for any student with a failing grade. Eligibility lists will be prepared as soon as reports are issued. Eligibility for the first five weeks of the school year will be based on the marks received the preceding June. In the event a student attends summer school to make up a deficiency, the summer school mark may be substituted for the June grade.
- 3) Eligibility shall be determined from grades in all subjects in which the student is enrolled. Dropping a class to allow athletic/co-curricular activity eligibility is not acceptable.

4) A student failing one class must attend a minimum of two extra help classes each week in that subject in order to stay eligible. Effort and progress must be demonstrated.

5) A student failing two courses will be placed on probationary status for two weeks. The probation period starts at the date of notification. Students will have this probationary period to bring their failing grades to a passing level by attending a minimum of two extra help classes each week in that subject in order to stay eligible. Effort and progress must be demonstrated. While on probation, students will be ineligible for contests. Game/activity attendance will be at the discretion of the coach or advisor.

Grades will be reviewed at the end of the two-week period. If the student, at the end of the two-week period, has not brought at least one of the failing grades up to a passing level, they will remain ineligible for further participation in contests for the remainder of the 5 week grading period. They will then be placed at the appropriate level using the new grade report.

6) A student failing more than two classes will be ineligible to sign up, try out for, or continue participation in activities. Students placed on ineligibility status will have their status reviewed using the next five-week report. Students will be placed at the appropriate eligibility level using the new grade report.

7) It is the student's responsibility to reestablish their eligibility. Athletic/activity contest participation can be re-established by having no more than one failing grade.

Conduct:

- Every student is expected to exemplify good citizenship both in school and in the community. A student who does not will be removed from participation for a period of time, depending upon the severity of the offense.
- Each student will travel to and from performances or contests via school approved transportation. When extenuating circumstances arise, a student may be (a) released directly to his or her parent or (b) have written permission from a building principal or the athletic director to travel by other means.

Extra/Co-curricular Activity Code

- Each student will be required to pay for lost equipment and for equipment damaged through misuse. Lack of payment or failure to return uniforms will jeopardize the student's activity status.
- Any student found guilty of stealing (money, sports equipment, clothing, etc.) or vandalism will be expelled from the activity and prosecuted if warranted.
- Individual activity advisers will establish rules pertaining to their particular activity. Each student will be informed of these rules in writing and will be required to abide by them. A student will be suspended from participation for violation of these rules. All rules have been approved by the building principal/athletic director.
- Any student wishing to discontinue participation in an activity must consult with the coach or adviser prior to making a final decision. Any student who violates this requirement will be unable to try out for or participate in another activity until the season of the activity he or she left is completed.
- Each student must arrive at school in time for the school day to begin. This especially applies to the school day immediately following evening contests/performances. Extenuating circumstances can be brought to the attention of the advisor, coach or administrator. Students who abuse this rule will be dealt with on an individual basis with the school administration.

Substance Abuse:

- This includes all extra and co-curricular activities in grades 7-12. A student's violation record shall start clean when they enter the 7th and 9th grades.
- Any violations of rules concerning the use of or possession of tobacco in any form, alcohol, or other intoxicants, illegal drugs or performance enhancing drugs will result in the student being suspended from all extracurricular activities for a period of time. Suspension of these extracurricular activities will result if the violation occurs during the school year, at any time, on school grounds or off.

In the case of any activity that may begin before the start of school, the students will be subject to this code of behavior beginning the first date of activity.

Consequences for substance abuse violations:

- **1st Offense** **30 Calendar Day Suspension***
- **2nd Offense** **60 Day Suspension**
- **3rd Offense** **1 Year Suspension**

*A 30 day suspension from co-curricular activities is issued for the student's first offence. If a student completes six hours of a community service project, student may fully return after 15 days. The community service project must be agreed upon by student, parent and administration. In addition, the first time offender may be required to attend, but not participate in, team practices/rehearsals and games/performances.

During the **school suspension**, they will not be allowed to be in attendance at any school function, practice or rehearsal. These suspensions will begin on the date of notification from administration. These consequences will be cumulative for a student during their junior high and high school careers. A student's violation record shall start clean when they enter the 7th and 9th grade years.

Appeal Procedure

Should a student and/or their parents desire, decisions made by the junior high or high school administration may be appealed to the superintendent of schools.

Appeals may continue to the Board of Education and then to the Commissioner of Education or the court system.

Schedule Conflicts—Athletics/The Arts

On occasion co-curricular events coincide with each other. Whenever possible, students are encouraged to participate in sports, music, and theater activities, but are expected to meet each group's requirements. Due to the scheduling of each sport and each activity, this is sometimes easier or more difficult to accomplish, and communication is key. Students are expected to meet a standard of participation agreed to by the activity director and the athletic director.

Spectator guidelines: Spectators at functions and contests are held to the same conduct standard as they are in school. In addition, students are not allowed in areas of the building that are not supervised.